Check. Plan. Do.

Power Outage Plan: Staying safe when the power goes out



My Power Outage Checklist

This Checklist is the first step in planning for a power outage. You don't need to write anything down, it's just a list to help you think about what to do. It will guide you in creating a more detailed **Power Outage Plan** later.

There are six key areas to think about:

1. People Talk with the people around you.



- Assign someone in the household to oversee your Power Outage Plan.
- () Practise key actions e.g. opening the electric garage door manually.
- Identify people to check on during a power outage e.g. neighbours who are vulnerable.
- If you live alone, share your plan with someone who can check on you.

2. Essentials Think about what



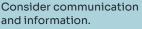
- Have 3 to 7 days' of nonperishable food and drinking water at home.
 - TIP! Don't forget pets.
- Keep 3 to 7 days' supply of any essential medications.

TIP! Do you use medical equipment at home?

Visit the Life Support Power Outage Plan website to get prepared.

Keep your car fuelled or charged, especially during severe weather warnings.

3. Communication





- Keep your mobile phone charged and have a back-up power source.
- If the internet and phone lines go down, you might need a battery-powered, or hand-crank radio so you can stay updated on weather conditions and emergency information.
- Talk to people in your local community about staying in contact during a power outage.

4. Light

Plan how you'll see in the dark.



- Keep torches or batterypowered lights and extra batteries.
 - TIP! Remember candles can be a fire risk.
- Store lights in an easy-tofind spot.

5. Comfort

Keep your household comfortable.



- Plan how to stay warm or cool without power (e.g. close blinds/curtains).
- Keep extra blankets, warm clothing and/or portable fans nearby.
- Have alternative cooking methods (e.g. camp stove, gas BBQ).

6. Surroundings

Keep your home and transport safe.



- Know any manual overrides for entry and exit to your property (like garage doors and/or property gates and doors).
- Think about evacuation including transportation.
- Think about how you'll preserve any food you have in your fridge and freezer.

For tips on food safety during power outages visit the **Department of Health** website

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